


# NOVEMBER 2023

Mon	Tue	Wed	Thu	Fri
		1 <b>Stuffed Chicken Breast</b> Vegetable & Butternut Squash 	2 <b>Meatloaf w/gravy</b> Mashed Potato & Cabbage 	3 <b>Turkey Salad Wrap</b> Pasta Salad 
6 <b>Marinated Flank Steak</b> Broccoli & Penne Pasta 	7 <b>Stuffed Peppers</b> Sweet Potato & Vegetable Medley 	8 <b>Southwest Chicken Wrap</b> Vegetable & TexMex Rice 	9 <b>Turkey Burger w/Garlic Aioli</b> Edamame & Rice 	10 <b>Buildings Closed</b> 
13 <b>Beef Stew</b> Potatoes, Barley & Beans 	14 <b>Beef &amp; Potato Knish</b> Brussel Sprouts Vegetable Medley 	15 <b>Lamb Burger</b> w/Garlic Aioli Mashed Potato & Barley Bean Salad 	16 <b>Apricot Glazed Turkey</b> Asparagus & Lyonnaise Potatoes 	17 <b>Sauteed Salmon</b> Brown Rice & Edamame 
20 <b>Beef Salad Wrap</b> Pasta Salad & Tomato Basil Salad 	21 <b>Sausage Slice &amp; Salad</b> *Pick-Up @ 11:00 a.m. 	22 <b>Traditional Thanksgiving Meal</b> Turkey, mashed potatoes & gravy, green beans, stuffing cranberry sauce & dessert	23 <b>Buildings Closed</b>	24 <b>Buildings Closed</b> 
27 <b>Chicken Marsala</b> Rice & Green Beans 	28 <b>Beef Roast</b> Roasted Potatoes & Vegetable Mix 	29 <b>Mahi Mahi-cilantro chive</b> Pasta Salad & 3 Bean Salad 	30 <b>4 Cheese Spinach Lasagna</b> Sauteed Cabbage & Potato 	

## Stickney Township Office on Aging

Thank you for participating in Stickney Township's meal program! Lunch reservations and/or cancellations must be made the day before, by 11:00 a.m.  
Suggested Donation: \$2.00 per meal

North Stickney Senior Center 6721 W. 40th St.  
LSV Senior Center 7745 S. Leamington

Stickney  
Burbank

708-788-9100  
708-636-8850

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